
Step by Step Instructions





Brush with the Enlighten Serum before and during the treatment



Open the Evo4 home kit



Take the trays out of the tray case



Pick Up Week 1 syringe



Unscrew the nozzle



Attach the applicator tip



Break the end but keep it to reseal the tip after application



Load both trays with a lentil size amount the gel in each tooth compartment



Place the trays over the teeth



Click the back of the teeth in first



Push the front of the teeth in place next



Wipe off any excess gel with a tissue. Now you're ready to sleep



In the morning, rinse the trays with **cold** water only and place them facing down in the case to allow water to drain before next use



Unless advised differently by your dentist, do this process for:

7 nights in Week 1 - Overnight
7 nights in Week 2 - Overnight
7 days in Week 3 for **1 hour/day**



After whitening daily, brush your teeth with the Enlighten Serum, then apply the Enlighten Comfort pen (packaged separately)



Twist the end of the pen to allow the gel to come out



Use enough gel to make sure both upper and lower are covered



Pull the lips away from the gum



Apply the gel to the part of the tooth closest to the gum. Lower front teeth are the priority.



Let the gel dry for 30 seconds before closing your mouth.



Once you're done with the 3-week treatment, introduce the Enlighten White toothpaste in your routine