## Step by Step Instructions





# Brush with the Enlighten Serum before and during the treatment



# Open the Evo4 home kit



# Take the trays out of the tray case



# Pick Up Week 1 syringe



# Unscrew the nozzle



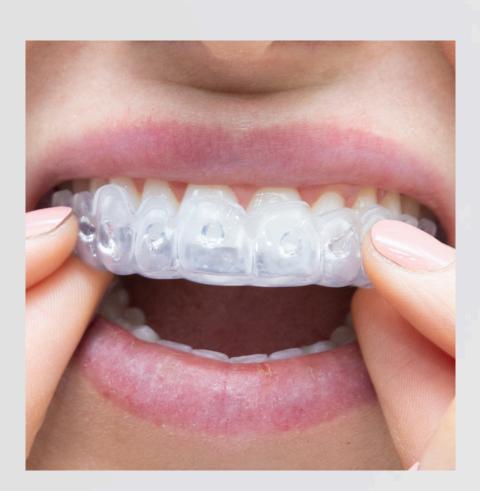
# Attach the applicator tip



# Break the end but keep it to reseal the tip after application



# Load both trays with a lentil size amount the gel in each tooth compartment



# Place the trays over the teeth



# Click the back of the teeth in first



# Push the front of the teeth in place next



# Wipe off any excess gel with a tissue. Now you're ready to sleep



# In the morning, rinse
the trays with cold water
only and place them
facing down in the case to
allow water to drain
before next use



# Unless advised differently by your dentist, do this process for:

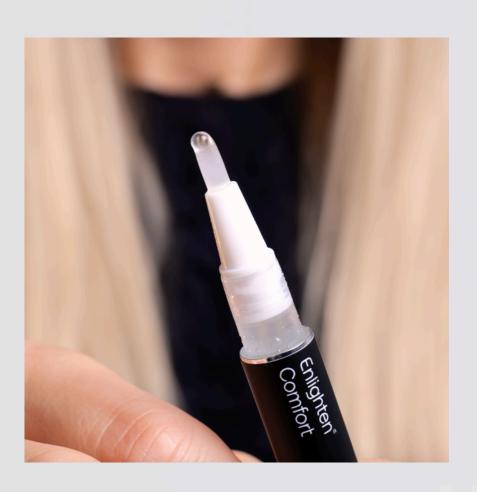
7 nights in Week 1 - Overnight7 nights in Week 2 - Overnight7 days in Week 3 for1 hour/day



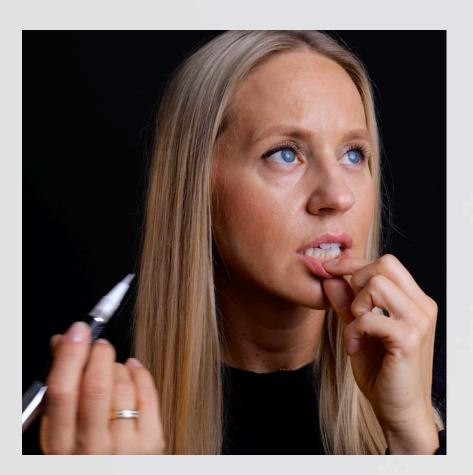
# After whitening daily, brush your teeth with the Enlighten Serum, then apply the Enlighten Comfort pen (packaged separately)



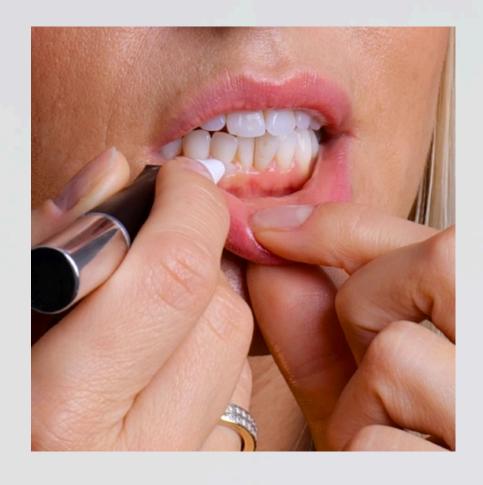
# Twist the end of the pen to allow the gel to come out



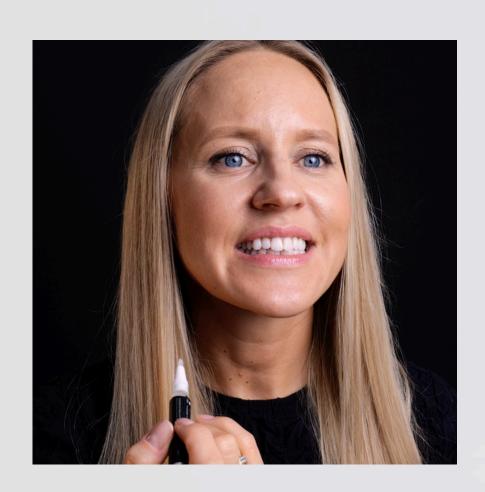
# Use enough gel to make sure both upper and lower are covered



# Pull the lips away from the gum



# Apply the gel to the part of the tooth closest to the gum. Lower front teeth are the priority.



# Let the gel dry for 30 seconds before closing your mouth.



# Once you're done with the 3-week treatment, introduce the Enlighten White toothpaste in your routine